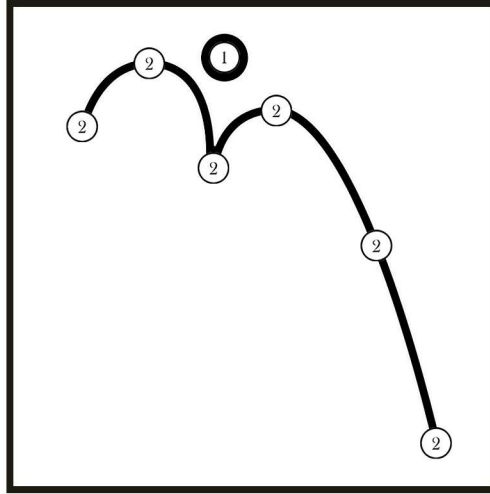


Attunement for Healers

Everyone is a healer. Just the act of a smile or a hug can be transformative for others. But we all go through times when we are too burdened to reach that compassionate spot inside us needed for healing. This is a good time to do an attunement for healers.



1 Clear Quartz Sphere
2 Blue Kyanite

Use a Michael for Healers Spirit Board.

Arrange the stones as shown above.

To attune yourself awaken your palm chakras by rubbing your palms together then aim them toward your grid, Beam energy from your palms while you ask for healing and visualize the symbol raising from the Spirit Board and implanting itself in your upper chest.. Some people report sensing a "thunk" as it finds the right place to implant so don't be surprised if you experience that.

To attune another person follow the above instructions up to the implanting. While beaming energy gather the symbol between your hands. It might be helpful to place one hand above the Spirit Board and one hand under so the symbol is between your hands. Keeping your hands facing each other allow your intentions to gather the symbol while you move to a position at the side of your client. Slip your hands to the front and back of the person at upper chest level just below the clavical bones. With the clients permission place your hands lightly on their upper chest and upper back and let the symbol find the correct place to implant inside between your hands.

Some people already have this symbol inside. Energy healers may sense the symbol in a dropped or weird angle. If this is the case simply allow it to right itself during the attunement.

Visit your local metaphysical store or spiritwhisperings.com to purchase supplies.