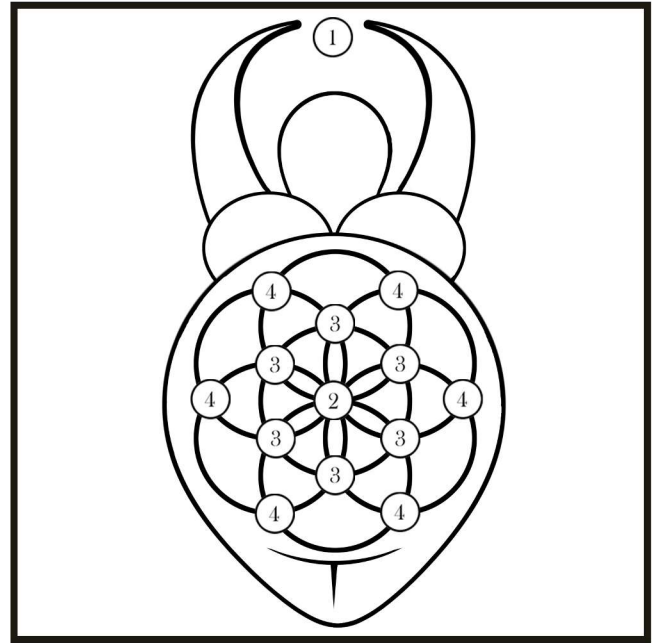
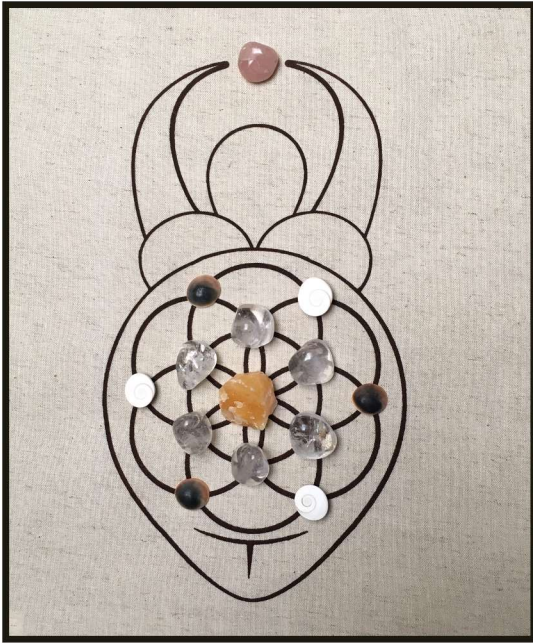


Balanced Goddess

If you feel your emotions are scattered and you've found yourself unable to focus on what needs to be done or on what makes you happy, our Balanced Goddess grid may be the answer you seek. Many of us experience times when things just do not feel quite right in our selves and our lives. The stones have been picked specifically to help you balance your energies with your life needs so you can go forth into the world and enjoy life, spend time with your friends or family, and (most importantly) have fun!



Our exclusive Goddess grid pattern has a Seed of Life in her womb to represent the creation of all things. Use this figure to bring Goddess energy and creation energy together to help manifest your desires. This picture shows Spirit Whisperings' Goddess design in brown on a natural cotton altar cloth.

- 1 Rose Quartz
- 2 Orange Calcite
- 3 Clear Quartz
- 4 Red Cats Eye Shell

Place the altar cloth on your altar or a table near where you plan to meditate and shift your energies. Arrange the stones on the cloth as the diagram shows. Position your hands towards your grid and project your energy from your palm chakras toward your layout. Intone the following affirmation while energizing your Balanced Goddess Layout: "I activate this Sacred Stone Grid to allow my energies and emotions to align in a healthy and helpful pattern." Sit with and meditate with this energy and allow balance to come to you.

Visit your local metaphysical store or Spirit Whisperings online to purchase altar cloths, spirit boards and stones.