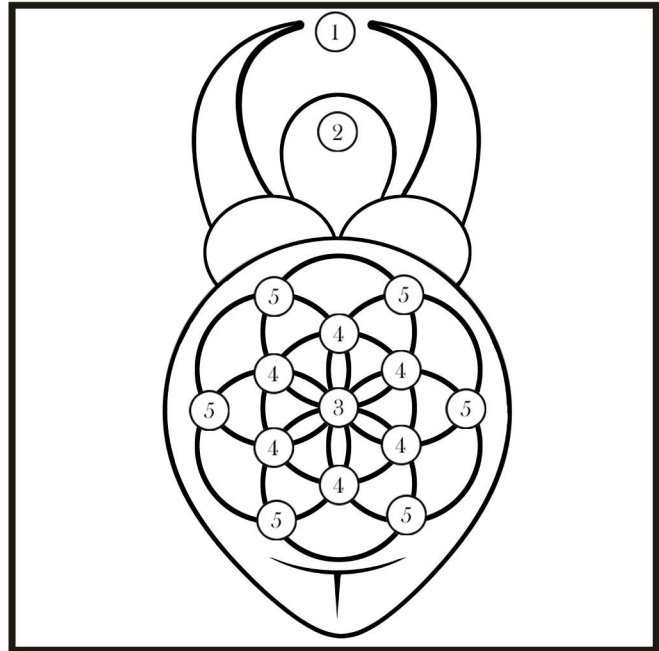


Goddess Fire Cleanse

If you are feeling burdened with unpleasant emotions and unhealthy thought patterns, our Goddess Fire Cleanse may be just what you need to feel whole again. It is an excellent ceremony to help you let go of thoughts and patterns that are no longer good for you. The stones have been picked specifically to help support the cleansing by fire that is to happen.



Our exclusive Goddess grid pattern has a Seed of Life in her womb to represent the creation of all things. Use this figure to bring Goddess energy and creation energy together to help manifest your desires. This picture shows Spirit Whisperings' Goddess design in white on a navy blue altar cloth.

- 1 Abalone Shell with Pebble Sand
- 2 Amethyst
- 3 Carnelian
- 4 Black Onyx
- 5 Celestine Pebbles

Place the altar cloth on your altar or a table near a place where you can safely ignite a small fire. Arrange the stones and shell on the cloth as the diagram shows. Take some time to notice your thoughts, pains, and any other unwanted energies that are getting in your way. Write each of these things on a small piece of tissue. Crumple the tissue and place them on the pebble sand inside the Abalone shell. Position your hands towards your grid and project your energy from your palm chakras toward your layout while you say: "I activate this Sacred Stone Grid to gather all energies that are unhealthy to me so they may be released with fire." When you feel that you have released all you can into the abalone shell, take the shell somewhere safe and light the tissues on fire.

Visit your local metaphysical store or Spirit Whisperings online to purchase altar cloths, spirit boards and stones.